

JOB TITLE:	Clinical Psychologist / CBT Therapist	
BASE:	Royal Free Hospital	
DIVISION:	Transplant and Specialist Services	
SALARY BAND:	7	
ACCOUNTABLE TO:	Dr Shimu Allan, Clinical Psychologist	
HOURS PER WEEK:	0.4 WTE 2 days	
MANAGES:	Directly	
	Indirectly	Trainee Psychologists
<p>JOB SUMMARY:</p> <p>To provide a qualified psychological therapy to patients of the HIV service including psychological assessments and intervention for common mental health problems (depression, anxiety, sleep, stress). The postholder will primarily provide psychological assessment and therapy for issues that fall outside of the HIV condition but may have an effect on the HIV condition and management.</p> <p>To provide advice and consultation on clients' psychological care to non-psychologist colleagues and working autonomously within professional guidelines and the overall framework of the team's policies and procedures.</p> <p>The post holder may offer clinical supervision to trainee clinical / counselling psychologists. The postholder will work on-site on Mondays and offer remote telephone and video appointments on the second day.</p>		

Date of the JD review: March 2024

MAIN DUTIES AND RESPONSIBILITIES

Royal Free World Class Values

The post holder will offer World Class Care to service users, staff, colleagues, clients and patients alike so that everyone at the Royal Free can feel:

- **welcome** all of the time
- confident because we are clearly **communicating**
- **respected** and cared for
- **reassured** that they are always in safe hands

WORKING ENVIRONMENT

The post holder will be based in the Royal Free hospital site and work in the Ian Charleson Day Centre. There is a scope for 1 day to be remote once case builds up.

1. CLINICAL RESPONSIBILITIES

1. To receive regular clinical professional supervision from a relevant senior clinical/counselling psychologist.
2. To be responsible for implementing a range of psychological interventions for individuals within the HIV Service, adjusting and refining psychological formulations drawing upon different explanatory models and maintaining a number of provisional hypotheses.
3. To make highly skilled evaluations and decisions about psychological treatment options taking into account both theoretical and therapeutic models and highly complex factors concerning historical and developmental processes that have shaped the individual.
4. To undertake risk assessment and risk management for relevant individual patients and to provide both general and specialist advice for psychologists and other professionals on psychological aspects of risk assessment and management.
5. To communicate in a highly skilled and sensitive manner, information concerning the assessment formulation and treatment plans of HIV patients under their care and to monitor and evaluate progress during the course of both uni – and multi-disciplinary care

2. RESPONSIBILITY FOR PATIENTS

1. To provide highly developed specialist psychological assessments of patients referred to the HIV Psychology Service, based upon the appropriate use, interpretation and integration of complex data from a variety of sources including psychological tests, self-report measures, rating scales, direct and indirect structured observations and semi-structured interviews with patients, family members and others involved in the patient's care.
2. To exercise full responsibility and autonomy for the psychological treatment of and discharge of patients referred to the HIV Psychology Unit whose

problems are managed as a psychologically based standard care plan, ensuring appropriate assessment, formulation and interventions, communicating with the referral agent and others involved with the care on a regular basis.

3. RESPONSIBILITY FOR POLICY AND SERVICE DEVELOPMENT

1. To undertake project management, including complex audit and service evaluation, with colleagues within the service to help develop service provision.

4. TEACHING, TRAINING AND SUPERVISION

1. To receive regular clinical professional supervision from a senior psychologist
2. To provide clinical and professional supervision to trainee psychologists

6. RESPONSIBILITY FOR RESEARCH AND DEVELOPMENT

1. To utilise theory, evidence-based literature and research to support evidence based practice in individual work
2. To continue to gain wider post-qualification experience of clinical or counselling psychology over and above that provided with in the principal service area where the post holder is employed.

7. RESPONSIBILITY FOR INFORMATION RESOURCES

1. To participate fully and implement standards devised from Trust's clinical and research governance activity.
2. To maintain the highest standards of clinical record keeping including electronic data entry and recording, report writing and the responsible exercise of professional self-governance in accordance with professional codes of practice of the Health Professions Council and Trust data protection policies and procedures.

GENERAL RESPONSIBILITIES

Infection Control

Infection control is everyone's responsibility. All staff, both clinical and non clinical, are required to adhere to the Trust's Infection Prevention and Control policies and procedures and the Health Act (2006) Code of Practice for the prevention and control healthcare associated infections and make every effort to maintain high standards of infection control at all times thereby reducing the risk of Healthcare Associated infections.

It is the duty of every member of staff to take personal responsibility for the prevention and control of infection, as laid down in the Trust's policies and procedures which reflect the statutory requirements of the Hygiene Code.

- To work in close collaboration with the Infection Control Team.

- To ensure that monitoring of clinical practice is undertaken at the agreed frequency.
- To ensure that the ward environments are cleaned and maintained to the highest standards; ensuring that shortfalls are rectified, or escalate as necessary.
- To ensure that all relevant monitoring data and issues are provided to the Directorate's Governance structures.
- To ensure that all staff are released to attend infection control-related educational sessions and staff with specialist roles, e.g. link practitioners, are released to undertake their duties.

Health and Safety at Work

The post holder is required to:

- Take reasonable care for the health and safety of himself/herself and other persons who may be affected by their actions or omissions at work.
- Co-operate with the employer in ensuring that all statutory and other requirements are complied with.

Confidentiality & Data Protection

The post holder has a responsibility to comply with the Data Protection Act 1998 and maintain confidentiality of staff, patients and Trust business.

If you are required to process information, you should do so in a fair and lawful way, ensuring accuracy is maintained. You should hold information only for the specific registered purpose and not use or disclose it in any way incompatible with such a purpose.

You should disclose information only to authorised persons or organisations as instructed. Breaches of confidentiality in relation to information will result in disciplinary action, which may include dismissal. Employees are expected to comply with all Trust policies and procedures and to work in accordance of the Data Protection Act 1998. For those posts where there is management or supervision of other staff it is the responsibility of that employee to ensure that their staff receive appropriate training (e.g. HISS induction, organising refresher sessions for staff when necessary.)

Conflict of Interest

The Trust is responsible for ensuring that the services for patients in its care meet the highest standards. Equally, it is responsible for ensuring that staff do not abuse their official position, to gain or benefit themselves, their family or friends.

Equality and Diversity

The Trust values equality and diversity in employment and in the services we provide. It is committed to promoting equality and diversity in employment and will keep under review our policies and procedures to ensure that the job related needs of all staff working in the Trust are recognised. The Trust aims to ensure that all job applicants, employees or clients are treated fairly and valued equally regardless of sex, marital status, domestic circumstances, age, race, colour, disablement, ethnic or national origin, social background or employment status, sexual orientation, religion, beliefs, HIV status, gender reassignment, political affiliation or trade union membership. Selection for training and development and

promotion will be on the basis of the individual's ability to meet the requirements for the job.

You are responsible for ensuring that the Trust's policies, procedures and obligation in respect of promoting equality and diversity are adhered to in relation to both staff and services.

Vulnerable Groups

- To carry out responsibilities in such a way as to minimise risk of harm to children, young people and vulnerable adults and to promote their welfare in accordance with the Children Act 2004, Working Together to Safeguard Children (2006) and No Secrets guidance (DH 2000).
- To demonstrate an understanding of and adhere to the trust's child protection policies.

Smoke Free

The Trust implements a Smoke Free policy that applies to all staff. Staff are not allowed to smoke while wearing a recognisable Trust uniform or visible trust identification badge, and not allowed to smoke anywhere on hospital grounds. Staff are not allowed to take additional breaks in order to smoke. They may smoke during designated breaks but only out of uniform and off site. Staff contravening this policy may be subject to disciplinary procedures.

Standards of dress

All staff are expected to abide by the Trust's guidance on standards of dress.

This job description outlines the current main responsibilities of the post. However the duties of the post may change and develop over time and may therefore be amended in consultation with the post holder,