


**PERSON SPECIFICATION**  
**POST TITLE: Clinical Psychologist / CBT Therapist B7**

		<b>Essential (E) Desirable (D)</b>	<b>Assessed through: App Form (A) Interview (I)</b>
<b>Royal Free World Class Values</b> Royal Free London  <small>NHS Foundation Trust</small>	<ul style="list-style-type: none"> <li>Demonstrable ability to meet the Trust Values  <i>Positively <b>welcoming</b></i>  <i>Actively <b>respectful</b></i>  <i>Clearly <b>communicating</b></i>  <i>Visibly <b>reassuring</b></i> </li> </ul>	E	A / I
<b>Education &amp; professional Qualifications</b>	<ul style="list-style-type: none"> <li>Doctoral level training in clinical psychology and or post graduate qualification in CBT</li> <li>Registration with Health and Care Professions Council</li> <li>BABCP accreditation or strong evidence of interest and further training in CBT</li> </ul>	E  E D	A  A A
<b>Experience</b>	<ul style="list-style-type: none"> <li>Experience of working as a qualified / trainee clinical psychologist and/or CBT therapist.</li> <li>Experience of working with a wide variety of patient groups, across the whole life course and presenting with the full range of clinical severity across the full range of care settings including outpatient, community, primary care, in-patient including maintaining a high degree of professionalism in the face of highly emotive and</li> </ul>	E  E	A/I  A/I

	<p>distressing problems</p> <ul style="list-style-type: none"> <li>• Experience of exercising full clinical responsibility for patients' psychological care and treatment</li> <li>• Desirable: experience of the application of psychology in different cultural contexts.</li> <li>• Desirable: experience within HIV / health settings.</li> </ul>	E	A/I
		D	A/I
		D	A/I
<b>Skills and aptitudes</b>	<ul style="list-style-type: none"> <li>• Skills in the use of complex methods of psychological assessment, intervention and management, including the use of theoretical models to analyse information and to develop formulations upon which to base choice of treatment</li> <li>• A high-level ability to communicate effectively at both a written and oral level to patients and professional persons within and outside the NHS.</li> <li>• Ability to act as a clinical psychologist / CBT therapist and work autonomously in hospital settings.</li> <li>• Knowledge of legislation and its implications for both clinical practice and professional management in relation to the patient group and mental health.</li> <li>• Highly developed knowledge of the psychological theory and practice</li> <li>• Doctorate level knowledge of research design and methodology practiced within the field of clinical psychology</li> </ul>	E	A/I
		E	A/I
		E	A/I
		D	A/I
		D	A/I
		D	A/I

<p><b>Other</b></p>	<ul style="list-style-type: none"> <li>• Ability to identify, and employ, as appropriate, clinical governance mechanisms for the support and maintenance of clinical practice in the face of regular exposure to highly emotive material and challenging behaviour.</li> <li>• Knowledge and understanding of confidentiality issues</li> <li>• Experience of working within a multicultural framework.</li> </ul>	<p>E</p> <p>E</p> <p>D</p>	<p>A/I</p> <p>A/I</p> <p>A/I</p>	
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