



### **JOB DESCRIPTION TEMPLATE**

#### **JOB DETAILS:**

Job Title	Specialist Occupational Therapist
Pay Band	Band 6
Hours of Work and Nature of Contract	37.5 Hours per week to include 7 day working  Permanent
Division/Directorate	Therapies
Department	Occupational Therapy
Base	To be completed on appointment

### **ORGANISATIONAL ARRANGEMENTS:**

Managerially Accountable to:	Head Of Occupational Therapy Services
Reports to: Name Line Manager	Clinical Lead Occupational Therapist
Professionally Responsible to:	Designated Occupational Therapist

# Job Summary/Job Purpose:

The post holder will work as an autonomous practitioner following professional codes of conduct and ethics carrying a varied specialist caseload in a specialist area of practice which will include patients with complex needs.

Clinical activities can take place in a wide range of settings including hospital, clinic and community settings, and patients own homes.

The post holder will provide supervision to Band 5 Occupational Therapy staff, Occupational Therapy support staff and students and in addition may provide supervision or guidance and support to support staff from other disciplines. The

post holder will support the learning and development of others including colleagues and peers.

The post holder will contribute specialist knowledge to the service and lead some areas of service development duties within their department, which can include attending meetings, leading in audit, evidence based practice research and service evaluation.

#### **DUTIES/RESPONSIBILITIES:**

# <u>Clinical</u>

- To contribute to the design of referral processes and assess the appropriateness of referrals received by the team, making decisions regarding delegation of referrals to others.
- To provide a specialist service through carrying a caseload requiring specialist skills as an autonomous practitioner, with responsibility for implementing the occupational therapy process in an effective and efficient manner.
- To manage own case load through planning, prioritising and carrying out clinical activities within effective timescales, being adaptable as patients circumstances and clinical presentation change; demonstrating effective caseload and time management skills.
- To co-ordinate care across a team approach, leading the design of the care plan and allocation/delegation of work.
- To select, carryout and analyse assessments and interventions analysing complex information from a range of resources to enhance client's occupational performance in areas of self care, productivity (work and domestic tasks) and leisure to devise appropriate intervention plans.
- To use own judgement and analyse assessment information from a range of sources and situations which can include contributing to diagnostic assessments as part of the multi-disciplinary team.
- To select, carry out and analyse standardised and non-standardised assessments which are specialist to the clinical area as clinically indicated which support identifying the client's needs.
- Support clients with their families/carers to identify their occupational intervention goals through assessment and analysis of physical, psychological, cognitive, emotional, environmental and social factors within their clinical presentation; devising, writing and evaluating client's occupational therapy plans.
- To use own judgement and analyse assessment information from a range of

sources and situations in order to develop specialist programmes to meet individual client's needs.

- To actively engage clients and their carers/families in the therapeutic process, using a range of communication styles and approaches which support them to take responsibility for decision making and goal setting.
- To independently plan, organise, lead and evaluate individual and group treatment sessions.
- To participate in joint assessment and multidisciplinary work; joint working with other Occupational Therapy staff including peer support sessions and staff from other disciplines,
- To carry out assessment and treatment in the most appropriate environment, responding to the individual's needs within that context. This will include working independently in hospital, client's homes, and community settings.
- To utilise and develop a range of interventions in order to facilitate the client's optimum level of function and independence.
- To identify clinical risks related to the clients occupations in the context of their condition and environment; identifying risk management and positive risk taking strategies as part of the multi-disciplinary team.
- To apply the principles of legislative considerations relevant to clinical speciality into own practice through clinical supervision for example; Safeguarding procedures, Deprivation of Liberty Standards and Mental Health Act.
- To work independently or alongside Occupational Therapists or staff of other disciplines in hospital, home or the community, considering and arranging when joint working or more specialist expertise is required to support the clients care.
- To apply the available evidence base to clinical practice, to monitor outcomes, evaluate and adapt interventions accordingly.
- To formulate and write clinical records and reports for multidisciplinary teams, for contribution to multi-disciplinary care planning, and to participate in and give professional advice to review meetings/case conferences.
- To work with Local Authority colleagues and other agencies to identify and recommend appropriate specialist equipment at home.
- To demonstrate the safe and effective use of Occupational Therapy equipment to families and other carers as appropriate and within own competencies.
- To form professional relationships with clients, who often exhibit challenging behaviour and unpredictable changes in circumstances. Communicate with them in a way that respects their views, autonomy and culture. Be flexible and adaptable with plans, and change plans appropriately to accommodate change.
- To be able to accurately and sensitively discuss with patients condition related

information particularly where there may be a new diagnosis or change in condition, supporting understanding and exploration of intervention options.

# **Communication**

- To communicate complex difficulties and treatment related information sensitively to clients, families and other professionals, in order to elicit cooperation, sometimes in situations where there may be differences of opinion or where there are barriers to understanding.
- To be able to apply verbal and non-verbal de-escalation techniques when appropriate where there are areas of conflict and the potential for aggression.
- To use effective motivational, empathetic and re-assurance skills as appropriate to support clients and their families and carers in their care.
- To effectively listen and communicate to clients and their families/carers in a format which is understandable, planning and designing communication strategies which consider verbal, non-verbal and visual methods.
- To provide advice and support to others through clinical supervision on strategies to support patients where there may be specialist behaviour or communication needs.
- To actively develop and maintain close working relationships with colleagues across disciplines and agencies, voluntary, statutory and private which facilitates the co-ordinated provision of service to best meet the needs of clients and their families.

# **Documentation and Administration**

- To ensure all written and electronic records and activity data are recorded up to date and maintained in accordance with BCUHB and local standards.
- To use any identified IT and written data systems in a timely and consistent way, following health board and departmental policies.
- To participate in the development of local administration processes and clinical documentation, taking a lead in delegated tasks.
- To complete administrative duties as required to enable the Occupational Therapy department to function effectively.
- To respondl appropriately and professionally to general enquiries received by the Occupational Therapy service in accordance with departmental procedures.
- To maintain clinical records and reports of clients in accordance with departmental guidelines and Royal College of Occupational Therapy (RCOT) standards.

# **Professional Ethics**

- To adhere to Health and Care Professions Council (HCPC) and Royal College of Occupational Therapy (RCOT) Code of Ethics and Professional Conduct, the Health Boards Code of Conduct, and local policies and procedures.
- To maintain own professional registration through renewal and taking responsibility for Continuous Professional Development (CPD), maintaining a professional portfolio as required for professional registration.

# **Professional Development**

- To continue to develop specialist knowledge, skills and expertise within clinical area.
- To develop an up to date knowledge of Occupational Therapy equipment/ assessments and treatment, implementing the principles of evidence based practice to ensure competency and safe practice.
- To undertake reflective practice and to contribute to professional debate on a range of clinical issues relating to the delivery of Occupational Therapy services.
- To collaboratively engage in regular supervision with an identified supervisor to support service planning, personal accountability and professional development.
- To collaboratively engage in own appraisal through providing evidence and contributing to the setting of objectives.
- To identify training needs within supervision and appraisal processes, and arranging and attend mandatory and specialist in-service and external training, seminars, lectures and courses.
- To acknowledge limitations in own practice and seek help from clinical specialist colleagues/supervisor to develop professional competencies/practice.
- To contribute to the delivery and development of clinical care within speciality area, through sharing personal interests/experience and leading/piloting developments as delegated.

### <u>Management</u>

- To communicate the model of service delivery with wider members of the team reporting to the Team Leader / Clinical Lead Occupational Therapist where issues are unresolved.
- To have an awareness of the impact of local policies and protocols, which affect service delivery and contribute to discussions on implementation.

- To have an awareness of local and national clinical guidelines pertinent to the clinical area and reflect and share relevancy to own practice and practice within speciality area.
- To have an understanding of, and to apply the principles of Clinical Governance.
- To prioritise own work within the resources available to the service and to highlight deficiencies to the immediate line manager, where they impact on either the quality or standards of service delivery.
- To take an active role within local service and clinical networks, attending and contributing to meetings.
- To apply departmental and Health Board policies and procedures and reporting to supervisor when there are issues of these being met.
- To design and deliver presentations and training sessions which can include staff from other disciplines.
- To lead in the induction of new staff and students
- To contribute to the recruitment to new staff, participating in recruitment processes including short listing and interviewing.
- To supervise Band 5 Occupational Therapy staff, Occupational Therapy support staff and students and to educate students from other disciplines in the role of Occupational Therapy.
- To carry out elements of staff management within the supervision process under direction and support from line manager for example initial discussions around performance and return to work reviews.
- To provide education and delegation to support workers from other disciplines.
   Under service agreement, this may include providing clinical supervision.

### **Research and Development**

- To keep up to date with professional developments in clinical practice in own specialist clinical area and contribute to service development by initiating and participating in service discussions.
- To contribute to the design and lead on carrying out audit projects, analysing data and preparing reports.
- To contribute to the design of service development initiatives, participating in service evaluations and reviews, leading on the implementing of any service changes as delegated.
- Use research skills to analyse evidence based practice, sharing knowledge in

service development initiatives.

 Through clinical reflection, CPD activities and researching the evidence base, review assessments and interventions delivered in specialist area, sharing information in relevant forums and within supervision.

# **PERSON SPECIFICATION**

The knowledge to be measured in the minimum needed to carry out the <u>full duties</u> of the job to the required standards. Qualifications should be used to provide an indicator of the level of knowledge required. Training and experience is also a means of acquiring the knowledge required for a job such as on-the-job training, short courses and experience to an equivalent level of knowledge <u>which should be specified</u>.

NOTE: <u>Please do not use the number of years experience as this is potentially discriminatory</u> and these will be returned. It is essential that managers concentrate on the sorts of skills and qualities needed to fulfil the duties of the post.

ATTRIBUTES	ESSENTIAL	DESIRABLE	METHOD OF ASSESSMENT
Qualifications and/or Knowledge	Degree or equivalent in Occupational Therapy  HCPC Registration  Up to date CPD portfolio with evidence relevant to speciality area  Post graduate training /equivalent CPD in a specialist area	Membership of specialist interest group.  Attended Short courses at post graduate diploma level.  Practice placement accreditation	Application form and pre employment checks
	Experience of contributing to student placements.		
Experience	Significant post graduate experience with demonstrable experience in related clinical field which equips the post holder to be competent to carry a specialist caseload in specialist area.  Experience of contributing to service development and implementing service changes.  Experienced supervisor.  Understanding of supervision and delegation principles.	Broad band 5 rotational experience  Experience in same specialist clinical area.  Attended supervision training	Application form and interview
Aptitude and Abilities	Evidence of working independently/ with a level of supervision relevant to experience.  Ability to articulate the role of	Ability to speak Welsh	Application form Interview

	Occupational Therapy to others including staff of different disciplines and patients and their carers.  Ability to implement the Occupational Therapy process with clients.  Ability to communicate effectively and sensitively with others.  Ability to manage own time and caseload.  Ability to work effectively when both lone working and in a team setting.  Ability to both inform and follow risk management strategies.  Verbal and non-verbal skills are able to support effective communication skills and ability to negotiate and influence others.  Able to apply knowledge and conduct specialist assessments relevant to specialist area.  Experience of presenting to groups of staff/meetings.	Experience of delivering teaching.	
Values	Ability to engage clients and their relatives and carers in identifying and agreeing treatment goals.  Commitment to lifelong learning to develop own professional skills.  Commitment to contribute to service development task e.g. audit and evidence based practice and service evaluation to improve patient care.  Ability to articulate role within a whole systems approach.  Demonstrates integrity.		Application Form Interview References

	Demonstrates compassionate care.  Demonstrate sound team working values.  Demonstrate value of supporting	
	the development of others.	
Other	Able to meet the travel requirements of the post.	Application form and interview
	Able to work hours flexibly to meet the needs of the service.	

#### **GENERAL REQUIREMENTS**

Include those relevant to the post requirements

- Values: All employees of the Health Board are required to demonstrate and embed the Values and Behaviour Statements in order for them to become an integral part of the post holder's working life and to embed the principles into the culture of the organisation.
- Registered Health Professional: All employees who are required to register with a professional body, to enable them to practice within their profession, are required to comply with their code of conduct and requirements of their professional registration.
- Competence: At no time should the post holder work outside their defined level of competence. If there are concerns regarding this, the post holder should immediately discuss them with their Manager/Supervisor. Employees have a responsibility to inform their Manager/Supervisor if they doubt their own competence to perform a duty.
- Learning and Development: All staff must undertake induction/orientation programmes at Corporate and Departmental level and must ensure that any statutory/mandatory training requirements are current and up to date. Where considered appropriate, staff are required to demonstrate evidence of continuing professional development.
- Performance Appraisal: We are committed to developing our staff and you are responsible for participating in an Annual Performance Development Review of the post.
- Health & Safety: All employees of the organisation have a statutory duty of care for their own personal safety and that of others who may be affected by their acts or omissions. The post holder is required to co-operate with management to enable the organisation to meet its own legal duties and to report any hazardous situations or defective equipment. The post holder must adhere to the organisation's Risk Management, Health and Safety and associate policies.
- **Risk Management:** It is a standard element of the role and responsibility of all staff of the organisation that they fulfil a proactive role towards the management of risk in all of their actions. This entails the risk assessment of all situations, the taking of appropriate actions and reporting of all incidents, near misses and hazards.

- **Welsh Language:** All employees must perform their duties in strict compliance with the requirements of their organisation's Welsh Language Scheme and take every opportunity to promote the Welsh language in their dealings with the public.
- Information Governance: The post holder must at all times be aware of the importance of maintaining confidentiality and security of information gained during the course of their duties. This will in many cases include access to personal information relating to service users.
- Data Protection Act 1998: The post holder must treat all information, whether corporate, staff or patient information, in a discreet and confidential manner in accordance with the provisions of the Data Protection Act 1998 and Organisational Policy. Any breach of such confidentiality is considered a serious disciplinary offence, which is liable to dismissal and / or prosecution under current statutory legislation (Data Protection Act) and the HB Disciplinary Policy.
- Records Management: As an employee of this organisation, the post holder is legally responsible for all records that they gather, create or use as part of their work within the organisation (including patient health, staff health or injury, financial, personal and administrative), whether paper based or on computer. All such records are considered public records and the post holder has a legal duty of confidence to service users (even after an employee has left the organisation). The post holder should consult their manager if they have any doubt as to the correct management of records with which they work.
- Equality and Human Rights: The Public Sector Equality Duty in Wales places a positive duty on the HB to promote equality for people with protected characteristics, both as an employer and as a provider of public services. There are nine protected characteristics: age; disability; gender reassignment; marriage and civil partnership; pregnancy and maternity; race; religion or belief; sex and sexual orientation. The HB is committed to ensuring that no job applicant or employee receives less favourable treatment of any of the above grounds. To this end, the organisation has an Equality Policy and it is for each employee to contribute to its success.
- Dignity at Work: The organisation condemns all forms of bullying and harassment and is actively seeking to promote a workplace where employees are treated fairly and with dignity and respect. All staff are requested to report and form of bullying and harassment to their Line Manager or to any Director of the organisation. Any inappropriate behaviour inside the workplace will not be tolerated and will be treated as a serious matter under the HB/Trust Disciplinary Policy.
- **DBS Disclosure Check:** In this role you will have \* direct patients/service users/ children/vulnerable adults in the course of your normal duties. You will therefore be required to apply for a Criminal Record Bureau Enhance Disclosure Check as part of the Health Boards pre-employment check procedure. \*Delete as appropriate.
- Safeguarding Children and Vulnerable Adults: The organisation is committed to safeguarding children and vulnerable adults. All staff must therefore attend Safeguarding Children training and be aware of their responsibility under the Adult Protection Policy.
- Infection Control: The organisation is committed to meet its obligations to minimise infections.

  All staff are responsible for protecting and safeguarding patients, service users, visitors and employees against the risk of acquiring healthcare associated infections. This responsibility includes being aware of the content of and consistently observing Health Board Infection Prevention & Control Policies and Procedures.
- No Smoking: To give all patients, visitors and staff the best chance to be healthy, all Health Board sites, including buildings and grounds, are smoke free.

ement: The duties of not may be changed by		
	APPENDIX	

Job Title: Specialist Occupational Therapist

# **Organisational Chart**

The Organisational Chart must highlight the post to which this job description applies showing relationship to positions on the same level and, if appropriate, two levels above and below.

Complete, add or delete as appropriate the text boxes below showing the organisational relationships

