

Consultant in OPMH CMHT Ferndown & West Moors

Post and specialty:	Consultant Psychiatrist in Older Peoples Psychiatry
Base:	Oakley House Wimborne
Number of programmed activities:	10 PA per week
Accountable professionally to:	Executive Medical Director
Accountable operationally to:	Clinical Lead
Start Date:	Replacement post -currently available.

Context for the role

We are looking to recruit a full-time consultant psychiatrist in older adult mental health. This is an exciting opportunity to work both within the Ferndown & West Moors Community Mental Health Team alongside a part time consultant and two SAS grade doctors and take part in the multidisciplinary management of community referrals for those with both functional and organic illness. The vision going forward is to ensure that Dorset residents have timely access to expert services when required for their cognitive and other mental health problems with easy access to services required and good liaison between the service providers.

The teams are both well established and experienced. The catchment area is within a picturesque area of the county. There is good opportunity for peer support and robust cross cover.

Key working relationships and lines of responsibility

Executive Medical Director & Responsible Officer:	Dr Faisal Sethi
Deputy Chief Executive / Chief Operating Officer	Kris Dominy
Executive Director of Nursing, Therapies & Quality:	Dawn Dawson
Deputy Medical Director:	Dr Rodi Karadimova
(Mental Health and Learning Disabilities)	
Deputy Medical Director:	Dr Andrew Dean
(Community Hospital and Physical Health Care Services)	
Medical Lead for Inpatient Mental Health Services:	Dr Domenico Scala
Medical Lead for Community Mental Health Adult Services	Dr Rodi Karadimova
Medical Lead for Older Peoples Mental Health Services:	Dr Antony Christopher
Medical Lead for CAMHS Services:	Dr Anu Devanga / Dr Stephen Turberville
Clinical Lead for Forensic services	Dr Simon Beer
Director of Medical Education:	Dr Ian Rodin
Revalidation and Medical Appraisal Lead	Dr John Stephens
Service Director for Mental Health Services:	Marianne Gillingham
Service Director for Integrated Community Services:	Jane Elson
Service Director for Children, Young People & Families:	Kate Harvey

Job Description

1. INTRODUCTION

- 1.1 This is a post for a full time Old Age Psychiatrist working in the Ferndown & West Moors area. The postholder will work full time within the Ferndown & West Moors Older Adult Community Mental Health team which provides comprehensive community-based services to patients registered with general practitioners within Purbeck area.

2. **ORGANISATION OF CLINICAL SERVICES** – This post is within The Older Adult Community Services based in Wimborne. The Ferndown & West Moors Older Adult Team is based alongside the Wimborne & Purbeck team at Oakley house in Wimborne. It is one of eight community older adult mental health teams based in the county. Dorset Health also provides inpatient services to both functional and organic older adults with access to the Crisis and Home Treatment Team and also Intermediate Care services for Dementia, who are able to provide intensive support for those with organic illness within the community. They are also able to access community rehabilitation services.

- 2.1 The Trust's mental health services are organised in the following way: -

- 2.2 **Community Adult Mental Health Teams.** There are five large locality community mental health teams within East Dorset: Poole, Bournemouth West, Bournemouth East, Christchurch & Southbourne, Wimborne, and Purbeck. Within these large multi-consultant teams, there are individual consultant led sector teams but more specialist care, for example emergency care and care for some particular patient groups, can be provided teamwide as appropriate. In West Dorset there are three locality community mental health teams: North Dorset, Dorchester & Bridport and Weymouth and Portland.

- 2.3 **Inpatient Care.** The service is planned such that all new admissions are admitted first to one of the acute admissions units. The Home Treatment Service functions as the gatekeeper for inpatient care. Patients are either discharged from the Acute Assessment Unit back to their CMHT or to the Home Treatment Team or, if their illness requires a longer period of care, they will move to one of the treatment wards.

- 2.4 **Inpatient Rehabilitation.** There is an inpatient rehabilitation and recovery service with inpatient beds at Nightingale House, Alumhurst Road, Bournemouth and in the West of the county at the Glendenning Unit. The rehabilitation service works closely with the Assertive Outreach teams to facilitate discharge when appropriate for those patients with the most severe and enduring mental illnesses.

- 2.5 **Home Treatment Team.** There are two Home Treatment Teams (HTT) for East Dorset and for West Dorset. They provide alternative to hospital admission for people over the age of 18 years across the county and accept referrals from CMHTs, Psychiatric Liaison Services, The Connection Service and from inpatient units.

2.6 **Specialist Teams.** There are specialist inpatient and community teams in place covering the subspecialties which include: -

- Early Intervention in Psychosis Service
- Assertive Outreach Teams
- Forensic Team (including inpatient Low Secure Unit and a Community Forensic team)
- Perinatal Service
- Eating Disorders Service
- Liaison Services at Royal Bournemouth Hospital, Poole Hospital and Dorset County Hospital, Dorchester
- Community Adult Asperger's service
- CAMHS
- Learning Disabilities service
- Adult Learning Disabilities service
- Access Mental Health – Connections, The Retreats and Front Rooms

3. CLINICAL DUTIES

- 3.1 Provide consultant input into the multidisciplinary teams in Ferndown & West Moors.
- 3.2 The postholder will be expected to work with the Ferndown & West Moors Older Adult Community Team and to cover emergency work and to keep waiting lists within the Trust agreed limits. This has been within four weeks for routine referrals from April 2011.
- 3.3 The Ferndown & West Moors Community Mental Health Team has a duty system which involves non-medical staff. There is usually a Section 12 non-consultant doctor who provides the first line medical support for emergency work during working hours. However, the postholder will be expected to play a part in covering the duty section 12 system.
- 3.4 The post holder will take part of the on-call rota. The on-call rota is Dorset wide and paid at 3% on call availability supplement PLUS 0.75 APA This is a joint general adult, learning disability, child psychiatry and old age psychiatry senior on-call rota which is supported by Specialist Registrars and Associate Specialists. There is also a non-resident junior doctor on-call. When on-call, the postholder is expected to provide advice and support to junior colleagues on-call, out of hours nursing and social work colleagues. When necessary, it is expected that the on-call consultant will review patients personally. At weekends and on bank holidays there is a consultant-led inpatient review for newly admitted patients to address problems with inpatients. This ensures that all patients admitted to our units are seen by a consultant within the first 24 hours of their admission.
- 3.5 The postholder will provide cross cover for annual, study and emergency sick leave with other consultant colleagues. These cover arrangements will take account of the other medical staff in the locality team.

4. CONTINUING PROFESSIONAL DEVELOPMENT

- 4.1 There will be one programmed activity (SPA) per week for Revalidation activity (CPD and audit).
- 4.2 The postholder will need to participate in a Peer Review Group in line with Royal College of Psychiatrists recommendations to both review CPD development and consider clinical issues.
- 4.3 The postholder will be expected to contribute to and attend the Trust Journal Clubs and Multidisciplinary Audit Meetings.
- 4.4 The postholder will be expected to maintain Section 12 (2) and be an Approved Clinician.
- 4.5 The postholder will be expected to comply with continuing professional development and revalidation requirements set by the GMC and the Royal College of Psychiatrists and remain in good standing for CPD with the Royal College of Psychiatrists.
- 4.6 The Trust supports research and development. The postholder will be encouraged, if they wish, to develop academic links with Bournemouth and Southampton Universities.
- 4.7 It is desirable that the postholder will identify a mentor. The postholder will be given time for this activity.

5. SUPPORTING CLINICAL STAFF

- 5.1 Within the CMHT there is an 0.8 wte associate specialist (Dr Claire Polkinghorn) and a 0.8wte GPWSI (Dr Sarah Shooter) who works across the Ferndown & West Moors CMHT and also for the Wimborne & Purbeck team who are also based at Oakley House in Wimborne.
- 5.2 The postholder will provide clinical supervision to other medical staff and multidisciplinary staff as required.
- 5.3 The CMHT Comprises-

Integrated Manager Psychiatry)	1.0 WTE (also responsible for General Adult
Team Leader	1.0 WTE
Band 7 NMP	1.0 WTE
Community Mental Health Nurses	8.5 WTE
Community Occupational Therapist	1.6 WTE
Psychologist	1.0 WTE
Support Time Recovery Workers	1.1 WTE
Band 4 Admin Team Leaders	1.8 WTE
Band 3 Medical Secretary/administrators	2.0 WTE

6. LEADERSHIP STRUCTURES

- 6.1 The postholder will be a member of the Medical Advisory Committee which is the professional group for career grade doctors within the Trust. This committee meets bi-monthly and provides medical advice and support to management.
- 6.2 The Trust has close relationships with the ICB and the Local Authorities to which we relate (Bournemouth, Christchurch and Poole Council and Dorset Council).
- 6.3 The postholder will be encouraged and supported in developing the appropriate management and leadership skills to fully participate in service developments.

7. CLINICAL GOVERNANCE

- 7.1 Strong clinical governance arrangements are in place across the organisation involving all clinical disciplines.
- 7.2 It is expected that the postholder will play a full part in clinical governance arrangements which will include working within his/her team to ensure high quality standards for patient care are set and monitored and the personal participation in audit.
- 7.3 There is a system of annual appraisal of consultants linked to the requirement for Revalidation. All consultants receive an annual appraisal in line with Department of Health Guidelines from which a personal development plan will be produced.

8. TEACHING AND TRAINING

- 8.1 It will be expected that the postholder will provide training and support to attached junior doctors in line with Royal College and Health Education Wessex standards.
- 8.2 The Trust has long, well established links with Southampton University School of Medicine and Bournemouth University. The postholder will be expected to participate in the teaching of medical students. Medical students are regularly attached to the psychiatric teams.

9. SECRETARIAL SUPPORT

- 9.1 The postholder will have a secretary. There will also be a team assistant for the CMHT as well as adequate administrative time available to facilitate the smooth running of outpatient clinics and timely written communication with clinicians, referrers, and patients. The postholder will have a designated office at Oakley House Wimborne

10. POSTGRADUATE FACILITIES

- 10.1 There are Post-graduate Medical Centres at Poole and Bournemouth Hospitals.

11. TERMS AND CONDITIONS

- 11.1 The contract will be based on the Terms and Conditions of Service 2003 agreed between the BMA and the Department of Health for consultants in England. The Trust will also implement the Code of Conduct for Private Practice and the Consultant Job Planning Standards agreed in September 2003.
- 11.2 The post holder must be Mental Health Act Section 12 approved at appointment and be registered with the General Medical Council. The applicant must be eligible for inclusion on the Specialist Register in Psychiatry. The successful candidate must hold a current driving licence.
- 11.3 As a consultant the postholder is professionally responsible for their own clinical actions within GMC and Royal College of Psychiatrists guidelines and codes of practice and is managerially accountable to the Chief Executive.

12. JOB PLAN

- 12.1 A job plan will be drawn up in agreement with the successful candidate and will be reviewed each year at the consultant's job planning meeting.

A provisional timetable is given below:

	AM / PM	Duties
Monday	AM	CMHT
	PM	CMHT
Tuesday	AM	CMHT
	PM	Revalidation and meetings
Wednesday	AM	CMHT MDT
	PM	Admin
Thursday	AM	CPD
	PM	CMHT
Friday	AM	CMHT
	PM	CMHT

Programmed activity	Number
Direct Clinical Care	7.5
Supporting Professional Activities	2.5
Other NHS responsibilities (to be discussed with the clinical director)	
External duties (to be discussed with the clinical director)	
Total Programmed Activities	10.00

- 12.3 The postholder will be line managed by the Lead Clinician for Older Adult Mental Health who will keep the job plan under review.

13. COMMENCEMENT OF DUTIES

- 13.1 The post is available from date of advert.
- 13.2 The post is subject to an Exemption Order under the provisions of Section 4(2) of the Rehabilitation of Offenders Act.

14. REMUNERATION & BENEFITS

- 14.1 Following is a summary of the main terms and conditions together with the benefits of joining Dorset HealthCare University NHS Foundation Trust. Any formal offer of employment will be accompanied by a full statement of terms and conditions. Our Human Resources team will be happy to discuss any of the points raised here.

14.1 Salary

The appointment is at consultant grade with salary thresholds from £82,096 - £110,683 per annum for a full-time post of 10 Programmed Activities (PAs). Part Time employees will receive payment pro rata to the above full time salary range. The starting point on the salary scale will depend on the date on which the doctor was first appointed as an NHS Consultant and may take account of other consultant level experience or factors which have lengthened consultant training, in accordance with the Terms and Conditions – Consultants (England) 2003. This post is also subject to nationally determined terms and conditions of service. If candidates are in receipt of Discretionary Points or Clinical Excellence Awards, these will be honoured.

14.2 Annual Leave

Entitlement will be 32 days per annum for full time working, increasing to 34 days on completion of 7 years' service as a consultant. In addition, there is entitlement to 8 Public/Bank Holidays. For consultants contracted to work less than 10 PAs per week, annual leave, including Public/Bank Holidays will be calculated pro rata.

14.3 Sick Pay

Entitlements are outlined in paragraph 225 – 240 of the TCS.

14.4 Pension

The NHS offers a superannuation scheme which provides a variety of benefits based on service and final salary. Their pay will be subject to the deductions of contributions in accordance with the scheme's regulations. Membership of the scheme is via automatic enrolment; further details are available on appointment.

14.5 Equal Opportunity & Diversity

Dorset HealthCare University NHS Foundation Trust is committed to the fair treatment of all people, regardless of their gender, gender re-assignment, race, colour, ethnicity, ethnic or national origin, citizenship, religion, beliefs, disability, mental health needs, age, domestic circumstances, social class, sexual orientation, ex-offender status, political allegiance, or trades union membership.

14.6 Flexible Working

The Trust is committed to assisting employees to achieve a healthy work/life balance and will consider sympathetically requests for flexible working arrangements, taking into account the impact on colleagues and the service.

14.7 Maternity, Paternity and Special Leave

The Trust offers generous maternity leave, after qualifying service, with extended maternity pay together with up to a year's leave with the right to return to your role within the Trust. Paid Partner Leave of two weeks following the birth of a child is also available. Additional Paternity Leave (APL) is also available subject to eligibility. In addition, Special Leave is available when staff are experiencing difficulties for domestic, personal, or family reasons. We also offer up to 5 days compassionate leave to all employees.

14.8 Relocation Expenses

The successful candidate may be eligible to apply for assistance with removal and associated expenses in accordance with the Trust's Relocation Policy.

14.9 Travel Expenses

Travel expenses will be in accordance with paragraphs 277 – 308 of the TCS for journeys incurred in performing your duties.

14.10 Two Ticks Disability Symbol

The Trust is committed to the employment and career development of disabled people. To demonstrate our commitment we use the Two Ticks Disability Symbol awarded by the Employment Service. We guarantee an interview to anyone with a disability who meets the minimum criteria for the post. You do not have to be registered disabled but consider yourself to have a disability.

14.11 Policies and Procedures

Trust employees are expected to follow Trust policies, procedures, and guidance as well as professional standards and guidelines. Copies of Trust policies can be accessed via the staff intranet, Doris, or from your manager.

In particular, attention is drawn to the Trust's arrangements in relation to safeguarding children and vulnerable adults as well as infection prevention and control.

All employees are expected to be familiar with the Trust's approach to risk management, take a risk management approach to their own work and take responsibility for the management of the risks they own.

14.12 Confidentiality

Much of the work is of a confidential nature. This means that no discussion should take place about the care, needs, or activities of any service user, except in the clear interest of that service user or other members of staff. Staff are reminded that personal information concerning colleagues is also confidential.

14.13 References

Candidates are required to submit the names and addresses of three referees, one of whom must be their current or most recent employer. Any offer of employment will be subject to the receipt of three satisfactory references. Please note that this must cover the last three-year period.

14.14 Occupational Health

Any offer of appointment will be subject to satisfactory medical clearance by an external Occupational Health provider. This is usually by health questionnaire but may involve a medical examination.

14.15 DBS Checks

The appointment will be subject to enhanced clearance from the Disclosure and Barring Service.

14.16 Smoking

Smoking by Trust Staff is not permitted whilst on duty whether that be on Trust premises or grounds or out in the community.

14.17 Period of Notice

The employment is subject to six months' notice on either side.

15. WELLBEING

As a member of #TeamDorsetHealthCare you matter to us. We care about each person's emotional wellbeing and there is a host of support which can be access via the trust intranet <https://doris.dhc.nhs.uk/hr/health-wellbeing>

15.2 Details about OH are disseminated at induction and regularly when in post.

15.3 Local organisational systems in place to support doctors' wellbeing following serious incidents that involve their patients (e.g., nominated senior colleague support, Balint Groups for Consultants, etc).

15.4 Timely job plan review with the line manager when there are proposed workload changes to support safe working and identify the need for any additional support (e.g., unexpected request to cover a unit/ward/service in addition to current workload).

Person Specification

CONSULTANT IN OLDER PEOPLES PSYCHIATRY

REQUIREMENTS	ESSENTIAL	DESIRABLE
Qualifications/Training	<p>General medical Qualification e.g., MBBS, or equivalent and hold a Licence to Practise.</p> <p>MRCPsych or recognised equivalent, e.g., membership of a psychiatry college in another country.</p>	<p>Qualification or higher degree in medical education, clinical research, or management.</p> <p>Additional clinical qualification</p>
Eligibility	<p>Must be in possession or within 6 months of possession of a CCT in Old Age Psychiatry or on Specialist Register in Psychiatry.</p> <p>Section 12(2) approval and Approved Clinician approval or ability to obtain approval before starting post</p>	<p>Experience of medicine outside psychiatry e.g., general practice, medicine.</p>
Clinical Skills, Knowledge & Experience	<p>Excellent knowledge in specialty</p> <p>Evidence of effective multidisciplinary team involvement.</p> <p>Excellent clinical skills using bio-psycho-social perspective and wider medical knowledge.</p> <p>Able to meet duties under MHA and MCA</p> <p>Make decisions based on evidence and experience including contribution of others.</p> <p>Excellent written and oral communication skills.</p>	<p>Teaching Experience</p> <p>Wide range of specialist and sub-specialist experience relevant to post within the NHS or comparable service.</p>

Dorset HealthCare Values	Proactive, respectful, supportive, reliable, and trustworthy, and positive	
Management Skills	<p>Understand the importance of working with managers in the interest of good patient care.</p> <p>Able to manage priorities.</p> <p>Evidence of management/Leadership skills training</p>	Previous management experience including that of other junior medical staff
Leadership Skills	<p>Understand principles of leadership and give examples of leadership in own practice.</p> <p>Able to provide clinical leadership to a multi-disciplinary team.</p>	
Clinical Governance	<p>An understanding of the importance of Clinical Governance in the NHS organisations and importance in patient care.</p> <p>Awareness of current issues in mental health service provision, policy, and legislation</p>	
Self-Awareness	<p>To have an understanding of own strengths and weaknesses and how these attributes affect professional functioning.</p> <p>To have an understanding of the stresses involved in being a consultant psychiatrist and how to manage these appropriately.</p>	

Supervision of Junior medical Staff	<p>Knowledge of requirements for supervision and appraisal of junior medical staff.</p> <p>Approved educational supervisor training</p>	
Research and Audit	<p>Experience of carrying out an audit project</p> <p>Experience or involvement in a research project and publication</p> <p>Ability to supervisor junior medical staff undertaking research projects</p>	<p>Published audit project.</p> <p>Ability to critically appraise published research.</p>

We would welcome the opportunity to meet with any interested candidates prior to the interviews or submission of an application. If you have any role specific questions please email Dr Antony Christopher, Medical Lead for Older Peoples Services
antony.christopher1@nhs.net

If you would like a pre application conversation with the Executive Medical Director, please contact Julie Street (Executive PA to the Medical Director) on 01202 277011 or via email to julie.street3@nhs.net

